#### **MDC Transition - Community Homes**

#### Monthly Update - September 2023

(NOTE: New information is identified in **bold** print)

Efforts made to facilitate person centered plans and create a real home for each person:

- The transition process encourages individuals and their support networks to be involved in the entire transition.
- A person-centered plan is completed with each individual and their support network (including family members and substitute decision makers).
- Individual's moving have choices as where to live and with whom they might like to share a home with. If the individual is not able to communicate their wishes, family members and/or long-time support staff assist the transition team to determine what would be ideal for that individual.
- Service providers receive detailed personal information on the specific needs and interests of
  individuals they are planning to support. Checklists are in place to aid in sharing of personal,
  medical, and care needs. These needs are reviewed as part of the transition planning. For
  example, medications, routine for bathing, communication style, favourite items, favourite foods,
  fun activities, etc.
- A transition plan is developed and tailored to the individuals needs. They have opportunities to
  visit their new home prior to moving (the number of visits is person-centered). Service
  providers/staff also visit MDC to build rapport with the person and get to know their likes and
  dislikes
- A detailed plan is created with community support to ensure that there are supports in place prior
  to the individual's move. These clinical supports would be similar to the supports the individual
  had during their time at MDC and may include: Nurse Consultants, Occupational Therapist,
  Behaviour Specialist, Home Care, Pharmacist, Psychologist, Manitoba Home Nutrition Program,
  etc. The Clinicians are consulted during the transition process and available for ongoing follow-up
  as required.
- If the individual chooses, MDC support staff may assist the individual to move into their new home and are available as required following the move. MDC support staff may travel with the individual on moving day and remain with them to ensure they are comfortable and to answer any questions their new support staff may have.
- Once the individual moves, the Transition Team is available for follow up and to answer questions.
   Each region has assigned one Community Services Worker to ensure that all people moving to that region have regularly oversight and support.

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At start of transition, 133 individuals resided at MDC, then one individual was admitted for a temporary placement, resulting in 134 individuals to transition from MDC.

Date	Location	Agency	Planning
October 2021	Rural Portage la Prairie	New Directions	4 individuals transitioned to a home in rural Portage la Prairie.
December 2021	Portage la Prairie	New Directions	1 individual moved to a vacancy in Portage la Prairie with a former roommate.
January 2022	Morden	Gateway Resources	1 individual moved to southern Manitoba and is closer to family.
January 2022	Brandon	Brandon Community Options	1 individual moved to a home in Brandon with a sibling whom was already supported by a CLDS agency.
March – July 2022	Elie	Life's Journey Inc	4 individuals transitioned to a purpose built home in Elie.
May – June 2022	St. Claude	Visions of Independence	2 individuals moved to St. Claude.
May 2022	Gladstone	Riverside Community Residence	1 individual moved to Gladstone.
July 2022	Portage la Prairie	Visions of Independence	1 individual moved to a vacancy in an accessible home in Portage.
September 2022	Winnipeg	L'Avenir	2 individuals voiced their desire to live in Winnipeg together and closer to family. This was accomplished.
October 2022	Austin	Visions of Independence	1 individual moved back to their community
November 2022	Carman	Visions of Independence	1 individual moved to a vacancy in the community of Carmen and moved in with former friend from MDC.
December 2022	Winnipeg	EPIC Opportunities	2 friends moved to Winnipeg together.
December 2022	Portage la Prairie	New Directions	1 individual moved to Portage la Prairie.
December 2022	Morden	Gateway Resource	1 individual moved to Morden to be closer to family.
January 2023	Winnipeg	Pulford	1 individual voiced their desire to move to Winnipeg.
February 2023	Portage la Prairie	ACL Portage	1 individual voiced their opinion on where they would like to live and chose Portage la Prairie. Family preferred Winnipeg as a location but were supportive of the individuals' decision.
February 2023	Winnipeg	MBS Residence	3 individuals moved into a new renovated home in Winnipeg.
March 2023	Winnipeg	L'Avenir	1 individual moved to Winnipeg to be closer to their family.
March 2023	Portage la Prairie	Visions of Independence	1 individual moved to a current vacancy in Portage.
May 2023	Portage la Prairie	New Directions – Home Share	1 individual moved to a Home Share in Portage.
May 2023	Portage la Prairie	Visions of Independence	1 individual moved to a current vacancy in Portage.
July 2023	Virden	New Directions	1 individual moved to Virden.
July 2023	Winnipeg	Deer Lodge	1 individual moved to a personal care home.
August 2023	Winnipeg	DASCH	1 individual moved to Winnipeg.
As of Aug 1, 2023			35 individuals have moved to their new homes in the community

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Transitioned to Community Living (as of September 1, 2023)					
Region	Transition Timeline	Number of Individuals			
Eastern	October, November, December 2021	5			
Eastern and Western	January, February, March 2022	3			
Eastern	April, May, June 2022	5			
Eastern and Winnipeg	July, August, September 2022	4			
Eastern and Winnipeg	October, November, December 2022	6			
Eastern and Winnipeg	January, February, March 2023	7			
Eastern	April, May, June 2023	2			
Western and Winnipeg	July and August 2023	3			
TOTAL	October 2021 – August 2023	35			

Where are they Living?		
Existing Vacancies	27	
Home Share	1	
Purpose Built Homes	4	
New Resources	3	
Total	35	

Transitioning to Community Living (as of September 1, 2023) 75 Residents					
Region	Transition Timeline	Number of Individuals			
Eastern, Western & Winnipeg	October, November, December 2023	21			
Eastern, Western, Northern & Winnipeg	January, February, March 2024	54			
TOTAL	September 2023 – March 2024	75			

Where are they going to be living?		
Existing Vacancies	3	
Home Share	0	
Purpose Built Homes	5	
New Resources	67	
Total	75	