

Manitoba Developmental Centre Transition Update – June 2023

Sent on behalf of Melanie Ferg, CEO, Manitoba Developmental Centre (MDC) and Craig Wynands, A/Director, Adult Disability Services

We would like to share some updates with you regarding our continued efforts supporting resident transitions from Manitoba Developmental Centre (MDC) to the community. Work continues in many areas to ensure that these transitions are person-centered, individualized and focused on each resident's support needs and preferences while ensuring continuity of care.

As of June 1, 2023, thirty-two residents have transitioned from MDC to the community, while eighty residents continue to live at and receive supports from MDC. Alternative supported living arrangements in the community have been identified for all eighty residents remaining at MDC.

The Resident Transition Team

The Resident Transition Team continues working with residents, you, their families, care teams and Community Living disability Services (CLDS) agencies to facilitate resident transitions.

As the number of transitions increases in the upcoming months, you will receive updates in a new format (see pages 4-6). These updates will be provided monthly and will provide more detailed information regarding the transition process.

Resident Transitions to Community

As per the table on pages 5-6, thirty-two residents who lived at MDC have now transitioned to the community. These individuals transitioned to many different types of homes in the community.

The majority, twenty-four, transitioned to **existing vacancies**. These shift-staffed homes (formerly known as group homes) were already established in the community. They could support a new individual in the home based on the individual's needs and preferences. They are operated by licensed non-profit agencies providing individuals with a safe, secure home-like environment.

Four of the thirty-two residents who transitioned to the community moved into a **purpose-built home (PBH)**. A PBH is a home that has been built to safely support individuals who have a high level of behavioural support needs and require staff skilled in conflict resolution and risk management. PBHs are intended to be transitional placements where individuals are supported until they can move safely into other types of homes in the community.

An additional three residents transitioned to **new residential resources**. These are shift-staffed homes in the community, developed specifically for residents from MDC and are operated by experienced licensed non-profit agencies. These agencies have demonstrated an interest and ability to offer the services and supports that best match the needs and preferences of residents transitioning from MDC.

One resident transitioned into a **home share**. A home share is where an individual shares a home with a licensed provider who provides support and assistance. Individuals tend to choose this option because it offers an ideal balance of support and independence.

Engaging Stakeholders

The Community Transition External Advisory Committee was formed in June 2021 and is comprised of: persons with lived experience, the Special Advisor on Disability Issues (Minister of Families Office), family members of current and past residents from MDC, and representatives from community agencies, the Southern Chiefs Organization, People First Manitoba, Community Living Manitoba, Inclusion Winnipeg and Community Living disABILITY Services.

The committee provides feedback on key areas of the transition process through a community inclusion, person-centred and rights-based perspective. They remain instrumental in guiding the transition process and continue to meet regularly.

Supporting Staff

The Workforce Adjustment Team continues to actively explore options for future employment for all MDC staff and updates are provided to staff regularly. The ongoing commitment to maintain staffing resources in order to support residents and minimize the impact through the transition process continues to be a primary focus. Staffing levels remain consistent even as the number of individuals residing at MDC decreases.

Evaluation

As previously shared, the Department of Families will be entering into a contract with St. Amant Inc., who, in collaboration with the University of Manitoba, will evaluate resident transitions from MDC to alternative supported living arrangements in the community.

The purpose of the evaluation is to ensure that residents from MDC are transitioning successfully to the community and to provide the department with the opportunity to review its transition process and make any necessary adjustments to enhance the outcomes for the residents transitioning from MDC.

Participation in the evaluation will be completely voluntary and require consent from individuals, their families and/or their substitute decision makers to participate. More information on the evaluation will be provided in future updates.

Next Steps

It is anticipated that resident transitions to the community will be limited over the upcoming months as agencies focus on renovating existing homes as well as building and purchasing new homes.

The majority of transitions are planned to occur between January and March 2024. We will continue to work with residents, their families, support networks and agencies in preparation for the upcoming resident transitions to the community.

As indicated, quarterly updates will move to monthly updates in the new format provided. Additional communication in the form of these memos (quarterly updates) will continue as there is new information to share.

Finally, thank you for your continued commitment and collaboration with the department as residents' transition to community living. As this important work continues, your ongoing support is appreciated and valued.

Wishing everyone a great summer,

Melanie Ferg, Chief Executive Office
Manitoba Developmental Centre

Craig Wynands, A/Director
Disability and Specialized Services
Adult Disability Services

MDC Transition - Community Homes

Monthly Update – June 2023

*(NOTE: New information is identified in **bold print**)*

Efforts made to facilitate person-centered plans and create a real home for each person:

- The transition process encourages individuals and their support networks to be involved in the entire transition.
- A person-centered plan is completed with each individual and their support network (including family members and substitute decision makers).
- Individual's moving have choices as where to live and with whom they might like to share a home with. If the individual is not able to communicate their wishes, family members and/or long-time support staff assist the transition team to determine what would be ideal for that individual.
- Service providers receive detailed personal information on the specific needs and interests of individuals they are planning to support. Checklists are in place to aid in sharing of personal, medical, and care needs. These needs are reviewed as part of the transition planning. For example, medications, routine for bathing, communication style, favourite items, favourite foods, fun activities, etc.
- A transition plan is developed and tailored to the individuals needs. They have opportunities to visit their new home prior to moving (the number of visits is person-centered). Service providers/staff also visit MDC to build rapport with the person and get to know their likes and dislikes
- A detailed plan is created with community support to ensure that there are supports in place prior to the individual's move. These clinical supports would be similar to the supports the individual had during their time at MDC and may include: Nurse Consultants, Occupational Therapist, Behaviour Specialist, Home Care, Pharmacist, Psychologist, Manitoba Home Nutrition Program, etc. The Clinicians are consulted during the transition process and available for ongoing follow-up as required.
- If the individual chooses, MDC support staff may assist the individual to move into their new home and are available as required following the move. MDC support staff may travel with the individual on moving day and remain with them to ensure they are comfortable and to answer any questions their new support staff may have.
- Once the individual moves, the Transition Team is available for follow up and to answer questions. Each region has assigned one Community Services Worker to ensure that all people moving to that region have regularly oversight and support.

MDC Transition - Community Homes

Monthly Update – June 2023

*(NOTE: New information is identified in **bold print**)*

At start of transition, 133 individuals resided at MDC, then one individual was admitted for a temporary placement, resulting in 134 individuals to transition from MDC.

Date	Location	Agency	Planning
October 2021	Rural Portage la Prairie	New Directions	4 individuals transitioned to a home in rural Portage la Prairie.
December 2021	Portage la Prairie	New Directions	1 individual moved to a vacancy in Portage la Prairie with a former roommate.
January 2022	Morden	Gateway Resources	1 individual moved to southern Manitoba and is closer to family.
January 2022	Brandon	Brandon Community Options	1 individual moved to a home in Brandon with a sibling whom was already supported by a CLDS agency.
March – July 2022	Elie	Life's Journey Inc	4 individuals transitioned to a purpose built home in Elie.
May – June 2022	St. Claude	Visions of Independence	2 individuals moved to St. Claude.
May 2022	Gladstone	Riverside Community Residence	1 individual moved to Gladstone.
July 2022	Portage la Prairie	Visions of Independence	1 individual moved to a vacancy in an accessible home in Portage.
September 2022	Winnipeg	L'Avenir	2 individuals voiced their desire to live in Winnipeg together and closer to family. This was accomplished.
October 2022	Austin	Visions of Independence	1 individual moved back to their community
November 2022	Carman	Visions of Independence	1 individual moved to a vacancy in the community of Carmen and moved in with former friend from MDC.
December 2022	Winnipeg	EPIC Opportunities	2 friends moved to Winnipeg together.
December 2022	Portage la Prairie	New Directions	1 individual moved to Portage la Prairie.
December 2022	Morden	Gateway Resource	1 individual moved to Morden to be closer to family.
January 2023	Winnipeg	Pulford	1 individual voiced their desire to move to Winnipeg.
February 2023	Portage la Prairie	ACL Portage	1 individual voiced their opinion on where they would like to live and chose Portage la Prairie. Family preferred Winnipeg as a location but were supportive of the individuals' decision.
February 2023	Winnipeg	MBS Residence	3 individuals moved into a new renovated home in Winnipeg.
March 2023	Winnipeg	L'Avenir	1 individual moved to Winnipeg to be closer to their family.
March 2023	Portage la Prairie	Visions of Independence	1 individual moved to a current vacancy in Portage.
May 2023	Portage la Prairie	New Directions – Home Share	1 individual moved to a Home Share in Portage.
May 2023	Portage la Prairie	Visions of Independence	1 individual moved to a current vacancy in Portage.
As of June 1, 2023			32 individuals have moved to their new homes in the community

MDC Transition - Community Homes

Monthly Update – June 2023

*(NOTE: New information is identified in **bold print**)*

Transitioned to Community Living (as of June 1, 2023)		
Region	Transition Timeline	Number of Individuals
Eastern	October, November, December 2021	5
Eastern and Western	January, February, March 2022	3
Eastern	April, May, June 2022	5
Eastern and Winnipeg	July, August, September 2022	4
Eastern and Winnipeg	October, November, December 2022	6
Eastern and Winnipeg	January, February, March 2023	7
Eastern	April and May 2023	2
TOTAL	October 2021 – May 2023	32

Where are they Living?	
Existing Vacancies	24
Home Share	1
Purpose Built Homes	4
New Resources	3
Total	32

Transitioning to Community Living (as of June 1, 2023) 80 Residents		
Region	Transition Timeline	Number of Individuals
Winnipeg	June 2023	1
Eastern, Western & Winnipeg	July, August, September 2023	13
Eastern, Western & Winnipeg	October, November, December 2023	31
Eastern, Western, Northern & Winnipeg	January, February, March 2024	35
TOTAL	June 2023 – March 2024	80

Where are they going to be Living?	
Existing Vacancies	8
Home Share	0
Purpose Built Homes	5
New Resources	67
Total	80

It is anticipated that additional transitions to the community will be limited over the upcoming months ahead as agencies work on renovations of existing homes and purchasing of new homes.

- 80 residents remain at the Manitoba Developmental Centre
- 5 individuals will transition to purpose built homes*
- 8 individuals will transition to existing homes
- 67 individuals will transition to new homes

The majority of residents will transition between January and March 2024.

*purpose built home (PBH) is a home that has been built to safely support individuals who have exceptional behavioural support needs and require staffed skilled in conflict resolution and risk management. PBH are intended to be transitional placements.